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ANNUAL REPORT

Volume # 1



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**SOCIETY FOR PROMOTION OF SERVE
HUMANITY AMONG YOUTHS (SPARSHA)**
(Registered under Societies Registration Act, 1860)



ANNUAL REPORT 2022-2023

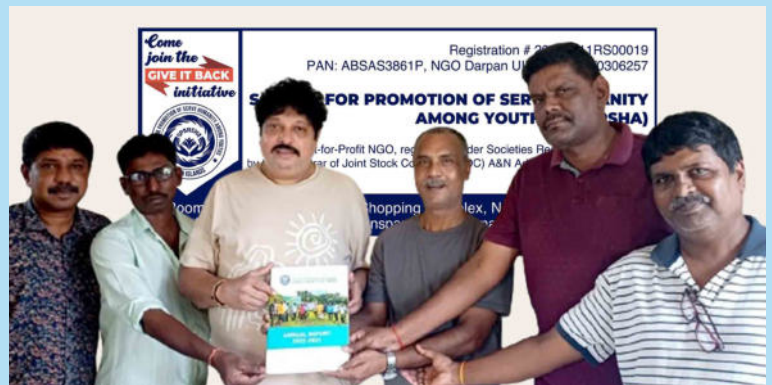
Shore Point, Bambooflat, South Andaman - 744107
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Volume # 1, Annual Report 2022-23

Record of the activities carried out by SPARSHA during the Year 2022-23 including Bye Laws, Audited Financial Statement and ITR Acknowledgment for the Assessment Year 2023-24.



Print version of **Annual Report 2022-23** being unveiled by **Dr Avijit Roy**, DD Health, DHS (4th from Right) during the AGM held at Mt Manipur on 19th May, 2024 in the presence of Office Bearers and Members of SPARSHA namely Smti/Shri **Tripti Mazumdar** (from Left) **Ketaki Ejerder**, **Sampita Talukdar**, **S Sada Siva**, **Debkumar Bhadra**, **Somen Talukdar**, **Tulshi Babu** and **Meena Mazumdar**



Annual Report 2022-23 presented to **Shri Vishal Jolly**, Patron SPARSHA (4th from R) by the Members of SPARSHA namely **R Shanmuga Sundaram** (from L), **S Sada Siva**, **Debkumar Bhadra**, **Vivekanand** & **Somen Talukdar**

Volume # 2, Annual Report 2023-2024

Society for Promotion of Serve Humanity Among Youths (SPARSHA)

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Table of Contents

About us	5
Patron's message	6
President's message	7
Vice President's message	8
General Secretary's message	9
Organising Secretary's message	10
Treasurer's message	11
Campaigns & Programs - Summer Camp	12-29
Campaigns & Programs - Bird Walk with AAC	30
Campaigns & Programs - National Science Day	31-32
Campaigns & Programs - Give-it-Back	33
Team SPARSHA	34
Appeal: Call for membership	35, 38, 41
Audited Financial Statement & ITR, Acknowledgement	39-40



About us

Established in the Year 2022, Society for Promotion of Serve Humanity Among Youths (SPARSHA) is a Charitable Not-for-Profit, Non-Governmental Organization, registered vide Registration # 20221011RS00019 under the Societies Registration Act, 1860 by the Registrar of Joint Stock Companies (DC), South Andaman. SPARSHA strives to promote social service, create environmental awareness, popularisation of science and literary pursuit, particularly among the youths.

At the core of SPARSHA's mission is the commitment to serve humanity transcending the barriers of caste, creed, religion or gender on completely voluntary and not-for-profit basis. SPARSHA engages in a range of charitable social service activities, reaching out to those fellow citizens, who need a small push to get going at the time of distress.

SPARSHA also engages itself towards the thematic areas encompassing popularization of science, environmental awareness, literary pursuits, cultural activities and conservation of the social & ecological heritage of Andaman & Nicobar Islands.

SPARSHA has its registered office at Shore Point Village, Bambooflat Post Office, Ferrar Gunj Tehsil, South Andaman District, PIN-744107. The area of operation being the entire length and breadth of Andaman and Nicobar Islands.

As we continue our journey, we remain dedicated to empowering the youths, promoting humanitarian values and contributing to the progress of Andaman and Nicobar Islands. We strive to make a meaningful impact, embodying the spirit of collective service and compassion that defines SPARSHA.



WHO'S WHO



Vishal Jolly
Patron

Born into a family with deep ties to country's freedom struggle, Vishal Jolly is the only child of Shri B M Jolly & Smti Prem Devi, belonging to descendants of Pre-42 settlers of these islands.

Vishal completed his schooling in these Islands and later earned BA LLB degree from Vivekananda Law College, Bangalore. Although a qualified lawyer, his desire to serve the people led him into politics. He was elected as a Member of the Zilla Parishad, South Andaman and went on to serve as Adhyaksh, Zilla Parishad. During his tenure as Adhyaksh, he played a pivotal role in establishing the engineering wing of the Zilla Parishad, South Andaman.

After completing his term as an elected representative of the highest tier of PRI system, Vishal took a break from electoral politics for some time. After a prolonged hiatus, he contested in the A&N Parliamentary elections but lost with a narrow margin, but remained committed to serving the islanders all the time.

Vishal is among the few who has a clear vision for the development of these islands. He is also a good orator and commands excellent rapport with bureaucrats and political circles. Known for his approachability, he is often sought out during times of distress.

He is the key driving force guiding SPARSHA in formulation and implementation of its welfare schemes and initiatives aimed at the overall development of A&N Islands and its peoples.

Patron's Message

Dear Friends,

As we present SPARSHA's 2nd Annual Report, I am thrilled recalling the journey we undertook over the past. In our second year of existence, we have made significant strides towards realizing our mission objectives.

A notable achievement has been the conduct of the Summer Camp for the students of rural South Andaman. This weeklong camp featured a diverse array of activities, including Yoga, Meditation, Drawing, Painting, Sudoku, Kite Making, Bird Watching, Health and Environmental Awareness and discussions on POCSO, Bullying and other adolescent issues. Experts drawn from various organizations led these sessions, enriching the experience for our participants.

On the organizational front, we have maintained our commitment to adhering to statutory norms and filings, ensuring complete transparency and accountability in every aspect of governance.

As we move forward, let us re-dedicate ourselves to the challenges that lie ahead. I am sure with the collective determination of our members, SPARSHA will continue to make meaningful contributions. I extend my heartfelt appreciation to each and every one of you for your dedication and support.

With gratitude and optimism,

Vishal Jolly



President's Message

Dear Friends,

As I write this message, I feel greatly honored & privileged to share the strides that team SPARSHA made during the second year of our journey.

On the organizational front, we continued to follow & comply with all statutory requirements related to registration, audit & filings including ITR.

Also during the year we conducted a weeklong Summer Camp for students of rural South Andaman. A variety of activities such as Drawing, Painting, Calligraphy, Clay Modeling, Bird Watching, Hobby Classes, Sudoku, Kite Making, Yoga, Meditation, Martial Arts, Awareness on Health & Hygiene, Environment, POCSO, Road Safety & a wide range of other fun activities were conducted during the workshop.

We also collaborated with Andaman Avians Club for Bird Walk at Kalatang. Further we extended our Give-it-Back Campaign to Shoal Bay. We also celebrated National Science Day 2024.

On this occasion, I extend my heartfelt gratitude to the members, who contributed immensely with their time and resources. I also thank the volunteers and esteemed donors for their generous support. With your mutual cooperation and trust, I am confident that team SPARSHA will scale greater heights.

Sincerely yours,

Debkumar Bhadra



WHO'S WHO



Debkumar Bhadra
President

Born on November 12th, 1972 Debkumar Bhadra completed schooling in these islands & BSc Physics from JNRM, Port Blair. He obtained MSc (Physics) from RBS College Agra followed by BEd from TGCE, Port Blair & M Phil (Physics) from Madurai Kamraj University.

He started his professional career under the AC Cadre of A&N Administration. He also gained a considerable experience working under A&N Science & Technology Council under Department of Science & Technology, A&N Administration. Also taught Physics at Govt Polytechnic (now DBRAIT) and KV No-II Minnie Bay for a brief period. Later he joined Indian Institute of Geomagnetism (IIG), Navi Mumbai, an Autonomous Research Organisation under the Department of Science & Technology Govt of India.

Debkumar Bhadra also worked for CPREEC Chennai wherein he developed a keen interest in environmental issues & the need for raising awareness. He is also the recipient of **Green Hero Award** constituted by CMS Vatavaran.

Beyond professional life, Debkumar Bhadra is passionate about writing and maintains a blog advocating positive change and raise awareness about societal issues. His writings offer insights into the everyday struggles of the common islander. His varied experience and passion for social work eventually led to the founding of SPARSHA. Through his social work and writings, Debkumar Bhadra strives to inspire and make a significant impact in his community.

WHO'S WHO



Vivekanand
Vice President

Born on April 24, 1974, Vivekanand, known as Vivek, is the younger son of the late Shri Rama Nath Chaubey. Coming from a highly reputed family, with his father being a respected teacher, Vivek was nurtured in a culturally rich and deeply religious environment.

Vivek completed his early education in the Andaman and Nicobar Islands. He earned his Bachelor of Science degree in Mathematics from Jawaharlal Nehru Rajkeeya Mahavidyalaya, Port Blair, in 1995, under Pondicherry Central University. Furthering his academic pursuits, he obtained a Master's degree in Mathematics from Kurukshetra University in 2000.

Vivek joined the Andaman Public Works Department in 2002 as a Work Assistant. He is presently posted in Port Blair, where he continues to contribute to the department with dedication.

Beyond his professional life, Vivek is deeply engaged in social and cultural activities. He regularly participates in village affairs and religious functions, fostering community spirit. With a remarkable command over Hindi language and an innate talent for public speaking, he is a sought-after announcer for cultural events.

Vivek played a pivotal role during the conception of SPARSHA, regularly attending meetings and providing valuable insights that were highly appreciated. Recognizing his passion for social service he was unanimously chosen as the Vice President of SPARSHA.

Vice President's Message

Dear Members,

As we present our 2nd Annual Report, I extend my heartfelt gratitude to our team members, volunteers & donors. Your unwavering support has enabled us to achieve another successful year.

This year, we conducted several programs, including the Summer Camp for students, the "Give it Back" Campaign at Shoal Bay, National Science Day etc which benefitted a wide range of individuals, especially the children of rural South Andamans.

As we celebrate the milestones achieved in our second year, I invite like-minded individuals to join us in our endeavor. There are several ways to contribute to SPARSHA's initiatives and make a meaningful impact.

Come join us and channel your collective energy, passion and resources to take SPARSHA forward.

Sincerely yours,

Vivek



General Secretary's Message

Dear Members,

Reflecting on the past year's performance, I feel both satisfied and honoured to have served initially as Joint Secretary and currently as the General Secretary.

The year has been quite eventful, with a wide variety of programs and activities organized. My responsibilities as the General Secretary included organizing those programs and meetings, circulating agenda points, documenting the minutes of meetings and handling official communications.

I am grateful for the guidance of the President and the members for their participation in our activities, making them successful. My thanks also go to the volunteers for their support in organizing various events.

I also express my sincere gratitude to our esteemed donors who have contributed to our corpus. Your contributions have enabled SPARSHA to reach out to those in distress.

Sincerely yours,

Somen Krishna Talukdar



WHO'S WHO



Somen Krishna Talukdar
General Secretary

Born on February 27th., 1974, Somen Krishna Talukdar hails from Shore Point Village under Ferrar Gunj Tehsil. He is the youngest children of his parents.

Somen completed his primary-middle schooling at GMS Kanyapuram and then shifted to Government Model School Port Blair. After passing Senior Secondary Certificate Examination from Model School, he got seat allotted by A&N Administration and joined Calicut Medical College (CMC) in the Year 1994.

After successful completion of Diploma in Radiographic Technology from CMC Kerala he joined the Directorate of Health Services, A&N Administration as Jr Radiographer. Since then he has served in most of the zones under DHS A&N Administration to the best of his abilities.

In his personal life, Somen is very kind hearted hence regarded and revered in his social circle. His sober nature and keenness to serve earned him felicitations by several agencies. Recently he has been bestowed with Certificate of Appreciation by the district administration, for his Commitment & high level of Professionalism in his duties, at the Zonal Republic Day function held at Wimberly Gunj on 26 January, 2024.

Somen also takes part in various philanthropic activities in the village. His interest in social charitable work led him to join SPARSHA initially as Joint Secretary, elevated subsequently to the post of General Secretary.

WHO'S WHO



G TS Rao
Organising Secretary

G Taraka Srinivasa Rao or TS Rao or simply TS, for his friends is born and brought up in Shore Point Village. He is the only son of Late Shri G Tata Rao, fondly known as Canteen seth.

TS completed his primary education at the Government Middle School, Kanyapuram and later joined Government Senior Secondary School, Wimberly Gunj in South Andaman district.

During his school days, TS showed keen interest in sports, extracurricular activities and studies as well. He participated in all school sporting events with enthusiasm.

He joined Electricity Department in 1993. Remarkably, he was the first among his batchmates to enter into government service. Being part of a service-oriented department, he helped many and continues to do so. His dedication has earned him the reputation of a "Man Friday" among his colleagues, especially his superiors.

Tragically, TS lost his elder sister to COVID-19. Despite this personal loss, his resolve to serve remained steadfast. As a frontline worker, he understood the importance of fulfilling his duties during such challenging times.

Known for his networking skills, TS has a unique ability to mobilize resources needed for welfare activities. This made him the ideal choice for the role of Organising Secretary, a position he fulfills with great dedication and efficiency.

Organising Secretary's Message

Dear Members,

I express my gratitude to all the members, volunteers & donors for the support we received during the past year. The progress we made were possible only because of your cooperation and support.

The maiden summer camp we conducted was incredibly well-received by both students and parents, who entrusted us with their children's participation. The enthusiastic feedback and positive response have been immensely encouraging. We eagerly look forward to your continued patronage in our future endeavours.

I would like to extend my sincere thanks to our volunteers and donors who have been an integral part of our journey. Your support have been instrumental in turning our aspirations into tangible actions, allowing us to make a real difference in the lives of those we serve.

Looking ahead, I pledge to work hand in hand with each of you so that we can extend our social sector initiatives. I am confident we can achieve greater heights and continue to positively impact our community.

Yours Sincerely,

G TS Rao



Treasurer's Message

Dear Members,

I am pleased to reflect on the past year, which has been another tenure of significant progress and fulfilment for our organization. I am immensely grateful for the support extended by our President and members.

We have upheld the high standards set in our inaugural year by maintaining comprehensive records of our financial transactions, completing the audit, filing IT returns and issuing receipts for every donation received, in accordance with regulatory norms.

I am thankful to the President, members and donors who contributed through established banking channels. Your cooperation has enabled us to maintain a zero-cash account for the second consecutive year, a testament to our commitment to financial integrity and efficiency.

Looking ahead, I am optimistic we would continue to make a meaningful impact and drive our mission forward.

Sincerely,

S. Sada Siva

WHO'S WHO



S Sada Siva
Treasurer

Born on 17th October 1973, S Sada Siva hails from Shore Point village under Ferrar Gunj Tahsil. He completed his initial studies from Government Senior Secondary School Bambooflat. Thereafter he joined Jawaharlal Nehru Rajkeeya Mahavidyalaya Port Blair and completed Bachelors Degree in Geography in the Year 1997.

Sada, as he is known in his friend circle, comes from a humble background. He is in fact the first in his family to enter into Government Service. He started his professional career after clearing competitive examination conducted by Staff Selection Commission and joined the AC Cadre of A&N Administration as Lower Grade Clerk in the Year 2001. Currently he is posted at Ferrar Gunj Tehsil Office as Higher Grade Clerk.

During his postings under various departments, Sada handled varied responsibilities, exhibiting sincerity and probity in delivery of services. He has been felicitated for exemplary services under district administration during the Pandemic.

He is also a regular attendee in social service activities conducted in the village. Known for his integrity and remaining true to his commitment, Sada was the unanimous choice for the post of Treasurer of SPARSHA. In fact, whenever and wherever the post of treasurer is to be filled, if Sada is there in the committee, no one looks any further. He ends up being the unanimous choice of everyone. Such is his reputation in his social circle.



Campaigns & Programs

Summer Camp



Shri Vishal Jolly, Patron lighting the lamp to mark the beginning of Summer Camp. Also seen in the picture (from Left) are **Shri Debkumar Bhadra**, President SPARSHA, **Shri R Shanmuga Sundaram**, Member SPARSHA & **Shri K Balakrishna**, Pradhan Gram Panchayat Shore Point

Society for Promotion of Serve Humanity Among Youths (SPARSHA), conducted a week-long Summer Camp from 1st to 7th May, 2023 at Vivekananda Kendra Zilla Parishad Vidyalaya Shore Point. The camp received enthusiastic response from students from diverse schools which include St Xavier School Mannarghat, MES Stewart Gunj, PM Shri GSSS Bambooflat, Shakeeba Public School Bambooflat, Vitala Public School Hope Town, Jawahar Navodaya Vidyalay Chouldari, Kendriya Vidyalaya No-1 Port Blair, Kamraj English Medium School Brookshabad, Vivekananda Kendriya Vidyalaya Rangat & Govt Model School Mayabunder.

The Camp was inaugurated by Shri Vishal Jolly, Patron SPARSHA & Member HMAC, by lighting the traditional lamp. The inaugural ceremony also saw participation of Shri K Balakrishna, Pradhan Gram Panchayat Shore Point, Shri Debkumar Bhadra President and members of SPARSHA, other guests and dignitaries. Speaking on the occasion as the Chief Guest, Shri Vishal Jolly appreciated the efforts of SPARSHA in reaching out to the unreached rural student population and urged the participants of the summer camp to make the most of the camp. He also distributed Camp Kits containing all items required to undertake the activities during the camp.

Shri K Balakrishna Pradhan GP Shore Point, Guest of Honour speaking on the occasion recalled the social



Shri Vishal Jolly, Patron addressing the participants of Summer Camp



Shri Debkumar Bhadra, President SPARSHA addressing the participants of Summer Camp



P Meghna receiving Camp Kit from **Shri Vishal Jolly**, Patron



Summer Camp

work done by SPARSHA and promised his support to future initiatives taken up SPARSHA. Shri Debkumar Bhadra President SPARSHA presented a brief overview of the activities to be undertaken during the week long camp. He also urged the campers to take part in the activities which not only aims to provide fun and educational experience but also intends to instill valuable life skills and awareness among the participants.

The camp which began on May 1st and continued until May 6th, 2023, offered a wide variety of fun, educational and physical activities designed to engage and inspire young minds. The key highlights include daily Yoga Sessions, Kite Making Workshop, Basic Ornithology and Bird Watching, Basic Self Defence Training, Drawing Painting, Sketching Art Workshop, Calligraphy and Lettering, Sudoku, Quizzes, Personality Development, Health Awareness, Traffic and Road Safety Awareness, POC SO Awareness, Dealing with Bullying and Peer Pressure, Environmental Awareness Activities, Clay Modeling, Paper Phone Making, Singing, Dancing and Talent Hunt Workshop and Activities were conducted by experts drawn from various fields.



Participants of Summer Camp held at VKV-ZP Vidyalaya Shore Point



Shri Vishal Jolly, Patron briefing the media about the conduct of Summer Camp



Summer Camp

P Murali, Eashan Bhadra, Avantika Mukherjee, P Meghna, T Divakar and L Sri Harsha were adjudged winner of "Camper of the Day" cup for various events organised during the camp. L Sri Harsha won the coveted Summer Champion trophy. Shri Boomi Nathan, Up-Adhyaksh along with Smti Dhana Rekha Zilla Parishad Member Shore Point Constituency and Shri K Balakrishna, Pradhan GP Shore Point gave away the Camper of the Day Cup, Summer Champion Trophy, Prizes and Certificates to the winners.

The Chief Guest Shri Bhoomi Nathan also felicitated the volunteers & resource persons. Consolation Prizes & Certificates were also given to all the participating children by office bearers of SPARSHA & other dignitaries present on the occasion.

SPARSHA is delighted by the overwhelming participation and enthusiasm shown by the students and the support received from subject experts from various organizations. Altogether 50 students from different schools attended the summer camp held at VKV-ZPV Shore Point.



P Murali receiving **Camper of the Day** Award from Mrs Dhanarekha, ZP Member Shore Point Constituency



Eashan Bhadra receiving **Camper of the Day** Award from Mrs Dhanarekha, ZP Member Shore Point Constituency



T Divakar receiving **Camper of the Day** Award from Shri K Balakrishna, Pradhan GP Shore Point



L Sriharsha receiving **Camper of the Day & Summer Champion** Award from Shri Boomi Nathan, Up-Adhyaksh ZP SA



Avantika Mukherjee receiving **Camper of the Day** Award from Mrs Dhana Rekha, ZPM Shore Point Constituency



P Meghna receiving **Camper of the Day** Award from Shri K Balakrishna, Pradhan GP Shore Point



Campaigns & Programs

Yoga Shivir

The ancient practice of Yoga encompasses physical postures, breathing exercises and meditation. Incorporating yoga into the daily routine increases flexibility and builds strength, helping students maintain a healthy body. It also promotes proper alignment & posture, which is beneficial for students who spend long hours sitting in classrooms. Through various poses and movements, yoga improves balance and coordination, essential for physical activities and sports.

Additionally, yoga helps reduce stress & anxiety through relaxation techniques & controlled breathing. Yoga enhances concentration and focus, aiding students in their studies and improving academic performance. Furthermore, yoga fosters emotional regulation and stability, helping students manage their emotions and develop resilience against challenges.

As part of camp activity, regular Yoga Shivir was conducted in the morning hours by Patanjali Yoga team comprising of Shri Kalaignanam, Shri Benny Mathew and Shri Bhaskar Rao. Campers took keen interest in learning the basics of yoga and practiced them along with the masters of the trade.

Practicing yoga lead to better sleep patterns, ensuring students are well-rested. It also boosts energy keeping students active & engaged throughout the day.



Yoga Shivir

Moreover, yoga encourages self-reflection and self-awareness promoting a positive self-image and boosts confidence. Incorporating yoga into the daily routine of students not only supports their physical health but also cultivates a balanced & harmonious lifestyle.

Through regular practice, students can develop a holistic approach to well-being, equipping them with tools to navigate the complexities of academic and personal life.

SPARSHA expresses gratitude to the Patanjali Yoga team (Right side top image) comprising Shri Kalaig-nanamam (C), Shri Benny Mathew (L) and Shri Bhaskar Rao (R) for conducting regular Yoga Shivir.



Campers practicing Yoga under the guidance of expert instructors



Campaigns & Programs

Workshop on Calligraphy

In an era dominated by digital, computer-based Desktop Publishing (DTP) tools and apps, the art of calligraphy seems to have taken a backseat. However, the fact remains that calligraphy is a valuable skill that offers numerous benefits, especially for students. Calligraphy is not just about beautiful lettering or handwriting; it goes much beyond. It is an expressive form of art that enhances creativity as well as cognitive and motor skills.

Shri J Tirupathi Rao, a renowned practitioner of calligraphy & lettering from Shore Point village, brought his expertise to our recent workshop. He is known for his excellent lettering capabilities. Particularly his Hindi script with traditional paint and brush is unmatched. Shri Tirupathi Rao has been in the trade for nearly three decades. His participation as a subject expert added immense value to the workshop.

During the session, Shri Rao explained & simultaneously demonstrated the basics of calligraphy in great detail, evoking keen interest from the participants. He emphasized that calligraphy improves fine motor skills, particularly hand-eye coordination. The precise movements required in calligraphy demand a high level of control and dexterity, which in turn enhances students' overall writing abilities. The process of creating intricate and aesthetically pleasing letters encourages students to think artistically.

The rhythmic nature of calligraphy also helps reduce anxiety and boosts self-esteem. Creating something beautiful with one's own hands can be incredibly rewarding, fostering a sense of pride and accomplishment. This positive reinforcement builds confidence, motivating students to tackle life's challenges with greater assurance and success.

The workshop on calligraphy by Shri J Tirupathi Rao, provided students with an opportunity to realise and develop their artistic talent.



Shri J Tirupathi Rao, Artist using the traditional Chalk & Board method to explain the intricacies of Calligraphy during the camp



Campaigns & Programs

Sudoku workshop

Sudoku is a popular number puzzle game that is known to significantly enhance students' cognitive abilities and promote logical thinking. The game involves filling a 9x9 grid with numbers so that each column, each row and each of the nine 3x3 sub-grids contain all the digits from 1 to 9.

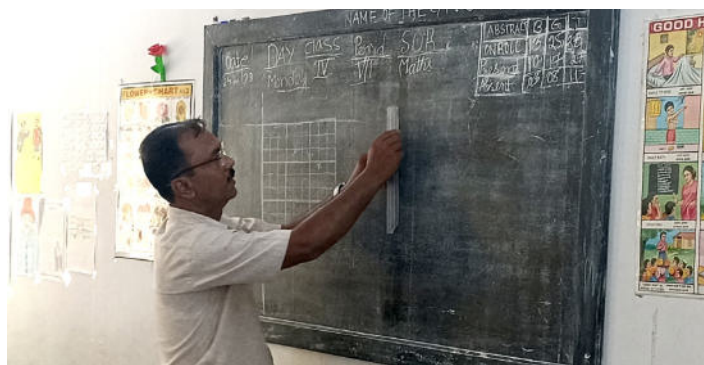
While it may appear like a simple pastime, Sudoku actually enhances logical thinking and problem-solving skills, as players use logic & deduction to place numbers correctly. Completing a Sudoku puzzle demands sustained attention and focus, helping students improve their concentration and logical mindset.

Additionally, engaging with Sudoku improves memory, retention and recall abilities. Tackling difficult puzzles teaches students patience and persistence, encouraging them to keep trying until they find a solution. Emotionally, playing Sudoku can be a relaxing and enjoyable activity, providing a mental break from academic pressures and helping reduce stress and anxiety.

Shri Debkumar Bhadra the President of SPARSHA who is also a Sudoku practitioner, taught the basics of Sudoku to the participants of the summer camp. He shared the logic behind solving a sudoku puzzle and solved a good number of puzzles along with the students, simultaneously explaining the logic involved in a step by step manner.

According to him, solving Sudoku puzzles can have a profound impact on students academic and personal development. As a non-digital, engaging activity, Sudoku provides a productive alternative to screen time, encouraging mental exercise without the stress of electronic screens.

He encouraged the students to incorporate Sudoku in their routine to enhance their cognitive skills, relieve stress and foster a lifelong love for learning. Sudoku puzzles were also distributed to the participants so that they could practice the skills during spare time in their home as well.



Debkumar Bhadra drawing and explaining Sudoku during the camp



Campaigns & Programs

Dealing with bullying & Peer Pressure

Bullying & peer pressure are such issues that profoundly impact students' mental & emotional well-being. Whether physical, verbal or cyber, bullying can cause anxiety, depression and a decrease in academic performance, leaving lasting scar on a student's self-esteem and sense of security.

Recognizing the importance of addressing these issues, SPARSHA invited Ms Maria Sheela, a renowned counselor, to conduct a session on effective ways to deal with bullying and peer pressure. During her presentation, Ms Maria emphasized that peer bullying often compels students to conform to group norms even if these go against their own values or desires, in an attempt to fit in and avoid ostracism.

Discussing strategies to help students cope with bullying, she opined that remaining calm in an unpleasant situation, rather than retaliating, is one of the best way to handle bullies. Reacting to provocation lead to escalation making the situation further worse. Maintaining a confident posture and avoiding situations where bullying is likely to occur is the key. She suggested staying with trusted friends during breaks or lunch time can also help deter bullies.

She also lamented the importance of fostering an open communication to help students navigate these challenges. The Central Board of Secondary Education (CBSE) has issued specific guidelines to tackle bullying in schools. These guidelines mandate the formation of anti-bullying committees comprising teachers, students and parents to address and resolve bullying incidents.

Also the Right to Education (RTE) Act of 2009 emphasizes the need for a safe & supportive learning environment. The Act mandates schools to ensure the safety and protection of children, including protection from bullying and discrimination.



Ms Maria Sheela, on the extreme left is seen in the picture deliberating on the topic and engaging with the students during the camp



Campaigns & Programs

Workshop on Self-belief and individuality

In a world where students often face comparisons and peer pressure, believing in oneself is crucial for personal development and happiness. Recognizing this, SPARSHA organized a workshop titled “Breaking the Ice, Believing in Oneself” during the Summer Camp at VKV-ZP Vidyalaya, Shore Point.

The session was conducted by the renowned quiz master and motivational speaker of the islands Shri Abhijit Agarwal. He is known for his workshop series titled “Keep Moving Movement” for children. Shri Agarwal engaged with the students to help them understand and unlock their potential.

The workshop focused on the importance of self-belief and the value of embracing one’s individuality. He emphasized that attempting to mimic others often leads to unnecessary stress and dissatisfaction. Instead, students need to celebrate their unique qualities and set goals aligned with their passions.

Shri Agarwal shared insights on recognizing one’s strengths and weaknesses. He highlighted that every student has a distinct set of talents and perspectives that contribute to their identity. By concentrating on developing their own skills and interests, students can achieve a sense of fulfillment that is unattainable through imitation.

Students who are confident in their individuality understand that mistakes are part of the learning process and view failures as opportunities to learn and grow.

The workshop was a reminder that believing in oneself and embracing individuality are essential for success and happiness. By focusing on their own strengths and staying true to their unique identity, students can set meaningful goals aligned with their passions, making their lives and learning processes enjoyable and meaningful in the long run.



Shri Abhijit Agarwal (Extreme Left) speaking to the participants of Summer Camp



Shri Abhijit Agarwal along with volunteers, members of SPARSHA and the participants of Summer Camp pose for a group photo



Campaigns & Programs

Promoting bird watching as a hobby

Bird watching is a fascinating and enriching hobby that lead to learning as well as enjoyment in equal measures. Engaging in bird watching not only enhances ones knowledge about avian species but also fosters a deeper connection and understanding of the natural world.

To motivate youths to take up bird watching Society for Promotion of Serve Humanity Among Youths (SPARSHA) conducted a workshop on Basic Ornithology & Bird Watching. Shri Arun Singh, President of Andaman Avians Club (AAC), led the session through a comprehensive Power Point presentation, discussing various aspects of ornithology & bird watching. Each participant received a colorful hand booklet on the birds of Andaman and Nicobar Islands, courtesy AAC.

Bird watching encourages students to spend time outdoors, observing and identifying different bird species in their natural habitats. This activity not only provides a refreshing break but also helps students develop keen observational skills and patience as they wait to spot and identify various bird species. By embracing this hobby, students cultivate love for birds and nature.

Bird watching groups and clubs offer opportunities for students to connect with like-minded individuals, share their experiences & participate in citizen science projects. These interactions enhance communication skills, teamwork and networking, making bird watching a truly rewarding and enriching hobby.

The Andaman Avians Club (AAC) is the first and only Bird Watching Club in the A&N Islands. The club conducts regular birding activities and campaigns, including backyard bird count and bird censuses throughout the year. AAC invited the participating students to join them. The President of SPARSHA Shri Debkumar Bhadra expressed gratitude to the President AAC and his team for their collaboration in this endeavor.



Shri Arun Singh, President AAC interacting with the participants



Shri Arun Singh, (second from right) being felicitated by Shri E Gangadhar (Suresh)



Campaigns & Programs

Meditation & Mindfulness

Recognizing the benefits of meditation for mental, emotional and physical well-being, Society for Promotion of Serve Humanity Among Youths (SPARSHA), a registered NGO, organized a meditation session for the participants of Summer Camp. Miss E Usha Rani from Andaman Pyramid Spiritual Society conducted the session on Meditation & Mindfulness.

The session aimed to introduce meditation & mindfulness in enhancing concentration and reducing stress. Miss Usha, currently pursuing MS in Data Sciences from University of Massachusetts Dartmouth, Boston is a renowned meditation practitioner. She volunteers for Buddha-CEO Quantum foundation as a team facilitator & hosted several youth programs. She also conducts Meditation sessions at Spiritual Tablets Research Foundation for both domestic as well as abroad participants.

Miss Usha explained the fundamentals of meditation, its historical context & its relevance in today's fast-paced world. She also guided a meditation session, where students learned to focus their minds, control their breathing and achieve a state of deep relaxation through meditation & manifestation techniques.

The session concluded with an interactive segment allowing students to express their thoughts, share their experiences and seek further guidance on integrating meditation into their daily routines.



Miss E Usha Rani (Centre) flanked by Volunteers (from Left) Sneha, Samyukta, Priya, Niraja, Sumedha, Anindita, Lavanya & Dishita during the Summer Camp



Campaigns & Programs

Awareness on Health and Hygiene

Understanding the importance of good health and maintaining a hygienic surrounding for a healthy life, Society for Promotion of Serve Humanity Among Youths (SPARSHA) organized an Awareness campaign on Health and Hygiene. The session was conducted by Medical Officer and Health Educator from Community Health Centre (CHC) Bambooflat.

Dr Abhishek Kumar, Medical Officer led the session, focusing on various aspects of health, personal hygiene, and prevention of common illnesses. Dr Abhishek also highlighted the significance of personal hygiene, including proper hand washing techniques, dental care and maintenance of a clean surrounding for protection from infectious diseases.

Mrs Saida Bibi, Health Educator provided insights into the importance of balanced diet, regular exercise & routine medical check-ups. She also explained how these elements contribute to the overall well-being and disease prevention.

The session also included demonstrations on hand washing, correct way to brush teeth and other essential hygiene practices, so that students could incorporate these good habits necessary to lead a healthy and disease free life.

The students actively participated in the deliberations, raising several queries relating to health and hygiene. Dr Abhishek addressed their concerns as well as misconceptions and offered practical advice.

Shri Debkumar Bhadra, President SPARSHA felicitated the experts with memento and thanked specifically the Chief Medical Officer, CHC Bambooflat for deputing Dr Abhishek, Medical Officer and Mrs Saida Bibi, Health Educator to conduct the awareness session at VKV-ZP Vidyalaya, Shore Point, Bambooflat.



Dr Abhishek Kumar (R) being felicitated by Shri Debkumar Bhadra, President SPARSHA



Mrs Saida Bibi (R) being felicitated by Shri Debkumar Bhadra, President SPARSHA



Campaigns & Programs

Awareness on Road Safety

With ever increasing population of vehicles and the need to travel to different destinations, traffic and road safety has become an important aspect of our daily life. Keeping in view of this, Society for Promotion of Serve Humanity Among Youths (SPARSHA) organized an awareness campaign on Traffic and Road Safety during the Summer Camp.

The campaign was led by Inspector Abdul Nasir, SHO of PS Bambooflat & SI Mr Calvin. The campaign focused on highlighting common causes of road accidents and precautions one can take to prevent such accidents. Inspector Abdul Nasir provided insights into traffic rules & the need to follow them for safety of both the driver, pedestrians and other road users. He also urged the participating campers to bring incidents of law-less-ness if any in their village to the notice of their parents or nearest police station.

A significant part of the session included practical demonstration by Sub-Inspector Calvin. He illustrated the meaning and importance of traffic signals, ensuring that the students could understand and adhere to these road safety signs and signals.

During the interactive session, students mentioned poor condition of roads in their area leading to accidents. Miss Priya, flagged dumping of construction material on road side leading to accident in the Andabeda area. The SHO promised to take up the matter with the concerned. The SHO also distributed a handout on Do's and Don'ts of Road Safety among the participants with the urge to spread the message of road safety.



Inspector **Abdul Nasir**, (Centre) SHO PS Bambooflat addressing the participants



Sub-Inspector **Calvin** attached to PS Bambooflat delving on road safety signs and signals



Campaigns & Programs

POCSO Awareness

Understanding the importance of educating young children to differentiate between good touch and bad touch and to raise awareness about the Protection of Children from Sexual Offences (POCSO) Act, SPARSHA, organized an awareness campaign on these topics during the Summer Camp. The session was conducted by Ms Maria Sheela, a renowned counselor.

The campaign aimed to empower children with the knowledge & skills needed to protect themselves from inappropriate behavior. Ms Maria explained the concepts of good touch and bad touch, helping children to understand the difference, recognize and report such inappropriate behavior.

The session also included an overview of the POCSO Act, 2012 highlighting the legal protections it provides to children & the steps to be taken, if someone falls victim to abuse. Schools are required to have child protection policies and to report any incidents of sexual harassment or abuse to the authorities.

Ms Maria engaged the students in interactive discussions, encouraging them to share their thoughts and clarified their doubts. Practical advice and safety tips were provided to the children on how to protect themselves in various situations, emphasizing the importance of communication with trusted adults.

She also urged the students to bring incidents of any inappropriate touch or behavior to the notice of their teacher or parent without fear. She stressed, when they are not at fault, then why should they fear. The one at fault must fear, not the victim of abuse.

By raising awareness about good touch, bad touch and the POCSO Act, SPARSHA aims to create a safer environment for children where they are aware of their rights and know how to protect themselves from any harm.



Ms Maria Sheela speaking to the participant students



Ms Maria confiding with the participating students to come forward and speak up



Campaigns & Programs

Basic Self Defense

Routine exercise and basic self-defense is a key components of a healthy life. Keeping in view of this, SPARSHA organized a session on Basic Self-Defense during the Summer Camp held at VKV-ZP Vidyalaya Shore Point. The session was conducted by Shri Sunil Kumar, Black Belt II-Dan (Japan), who regularly conducts karate classes at Naya Basti, Bambooflat. The session was aimed to equip the participants with basic self-defense techniques & promoting regular physical activity.

Shri Sunil Kumar led the participants through a series of warming exercises and basic self-defense moves, ensuring they understood the fundamentals of protecting themselves in various situations.

With his extensive experience and expertise in karate, Shri Sunil Kumar provided clear and practical guidance on basic self-defense techniques, beginning with a series of warming exercises designed to prepare the body for physical activity and highlighting the importance of flexibility, strength, and endurance. Participants learned basic self-defense moves that can be used in real-life situations to protect themselves from potential threats.

This initiative is part of SPARSHA's effort to empower young adults to motivate them to indulge in physical exercise and learning the basic self defense skills to boost their confidence level needed to lead a safer and a healthier life.



Participants warming up for the lesson on self defense



Shri Sunil Kumar (2nd from L) being felicitated by Shri S Sada Siva, Treasurer



Campaigns & Programs

Environmental Awareness

The environment is facing constant threats due to pollution from various sectors associated with rapid urbanization and deforestation. Recognizing the critical need for environmental care to sustain life, Society for Promotion of Serve Humanity Among Youths (SPARSHA) organized an environmental awareness session as part of its summer camp at VKV-ZP Vidyalaya Shore Point, Bambooflat.

The session was conducted by Shri A Gopal, Project Officer of CPREEC (C.P. Ramaswami Aiyar Foundation's Environmental Education Centre). CPREEC is a Centre of Excellence for Environmental Education based in Chennai, also have its field office at Port Blair. The session was aimed to make the participant aware of the fragile nature of A&N Islands environment and the threat it faces due to pollution, deforestation and other human induced activities.

The interactive and activity-based awareness campaign engaged participants in hands-on activities to enhance their understanding of the environment specifically the unique biodiversity around them. The activities helped the participants understand the impact of urbanization & deforestation on the fragile island environment, specifically small life forms.

Children also learned about the importance of trees, water conservation and reducing pollution. The session emphasized practical ways to care for the environment, such as planting trees, conserving water & minimising use of plastics. Participants were encouraged to adopt environment friendly practices in their daily lives to contribute to environmental sustainability.

Shri Gopal discussed the importance of biodiversity, the effects of climate change and the need for collective action to protect natural resources. The activities not only made learning fun but also instilled a sense of responsibility towards the environment.



Shri A Gopal, Project Officer CPREEC interacting with the students



Shri A Gopal (2nd from Right), Project Officer CPREEC Chennai being felicitated by Shri Somen Talukdar, General Secretary SPARSHA



Campaigns & Programs

Workshop on Drawing & Painting

Recognizing the popularity of drawing & painting as a hobby, SPARSHA organized a workshop on these artistic pursuits during the summer camp by Shri P Senthil Kumar, a renowned artist and recipient of LG's Commendation. Shri Senthil also holds the record for painting 50 hours non-stop during his school days. His paintings are regularly exhibited in Art Gallery in the A&N Islands.

The objective of the workshop was to nurture the artistic talents of students by offering them guidance & hands-on experience in painting and sketching. Shri P Senthil Kumar shared his extensive knowledge and provided valuable tips on various aspects of art, including selection of medium, choice of colors, subject & brush. His demonstrations attracted great enthusiasm from the participants, enhancing their understanding of different artistic techniques.

During the workshop, students got opportunity to create their own artwork under the guidance and supervision of Shri Senthil thus allowing the participants to refine their skills and develop confidence in their abilities. Necessary materials, such as drawing paper, colors & brushes were provided by SPARSHA.

The paintings made during the workshop were exhibited during the valedictory function. This served as a platform providing students with an invaluable opportunity to explore and develop their artistic abilities, making the summer camp a truly enriching experience.



Shri P Senthil Kumar (4th from Left) flanked by participants



Shri P Senthil Kumar (3rd from Left) being felicitated by Shri R Shanmuga Sundaram, Founding Member of SPARSHA



Campaigns & Programs

Hobby Class & Sudoku Competition

On the concluding day of the Summer Camp a variety of hobby classes aimed to provide children with opportunities to explore their interests and develop new skills was conducted. A Sudoku competition was also held in which all the campers participated.

The array of classes conducted by experts included Kite Making, Clay Modeling, Paper Craft (toy phone making), Singing and Dancing. Participants enthusiastically took part in these activities, showcasing their creativity and enthusiasm.

The highlight of the camp was the public exhibition held on the valedictory day, where models and crafts created by the campers were displayed. The exhibition provided a platform to present their works to the community, receiving much appreciation and encouragement from the attendees. The diverse range of exhibits, from colorful kites, paintings and intricate clay models to innovative paper crafts, reflected the creativity and hard work of the children.

Apart from hobby activities, a special session on common medicinal plants and their uses was conducted by the Patanjali Yoga team from Ferrar Gunj. This session aimed to educate participants about common medicinal plants & the remedies, emphasizing the importance of traditional knowledge in promoting health and well-being. Plant saplings were also distributed to the participants at the end of the session.



Kites and Paintings made by participants during the camp on display at the camp site



Shri Kalaighanam (Right) speaking on common medicinal plants and their use



Eashan Bhadra (Right) demonstrating toy phone making using waste paper



Shri Boomi Nathan (L) Up-Adhyaksh and Smti Dhana Rekha Zilla Parishad Member flanked by President SPARSHA Shri Debkumar Bhadra reviewing the exhibits made by participants



Participants showcasing their skills during the Summer Camp Talent Hunt at VKV-ZP Vidyalaya



Campaigns & Programs

Bird Walk with AAC

Collaborating with Andaman Avians Club (AAC), the first & only Bird Watching Club in Andaman & Nicobar Islands, SPARSHA participated in the 200th Bird Walk at Kalatang, Shoal Bay on December 24, 2023. The walk was coordinated by Shri Arun Singh, Shri Ram Vikas and Shri Malay Adak of AAC, who shared their knowledge and insights on the avian population.

The Kalatang Bird Trail at Shoal Bay, South Andaman, is a significant birding area frequented both by birders and nature enthusiasts, for its enigmatic mangroves and diverse avi-fauna. During the walk, 42 bird species including several endemic & migratory species were reported.

AAC regularly conducts Bird Censuses, Hello Birding trips & have also initiated the “Udhne Do Humein” campaign, urging islanders to stop hunting & voluntarily surrender their airguns. The current 200th bird walk saw participation of 20 bird enthusiasts, including children from various walks of life, alongside the President and Members of AAC & SPARSHA.



Participants posing for a group photo after concluding the Bird Walk



Campaigns & Programs

National Science Day

Along with the rest of country, National Science Day was celebrated by SPARSHA with the children at Rajiv Nagar on February 28th, 2024. Smti S Naseema Bibi, Pradhan GP Bambooflat-II, was the Chief Guest & Smti B Kamalawati, Ward Member the Guest of Honor. The day also featured a sit-and-draw painting competition on the theme "Indigenous Technologies for Viksit Bharat," which saw enthusiastic participation of students from various schools.

Speaking on the occasion Smti S Naseema Bibi lauded the effort of SPARSH in popularisation of science among the rural masses. Shri Somen Krishna Talukdar, General Secretary SPARSHA, said the day commemorates discovery of Raman Effect by Sir C.V. Raman in 1928. It is a pivotal moment that earned Sir C.V. Raman the Nobel Prize in Physics in 1930. Celebration of National Science Day is a tribute to the scientific contribution that played crucial role in India's growth and development.

Altogether 25 students from various schools participated in the painting competition in which P Meghna of Kamraj English Medium School, Brookshabad was adjudged First, P Murali of St Xavier's School Mannarghat stood Second & Kavuru Charvi Hasini of Vitala Public School, Hope Town stood Third. M Pooja Sri of Vitala Public School got prize in the special mention category.



Shri Somen Talukdar (R) General Secretary SPARSHA speaking on the significance of National Science Day in the presence of Chief Guest **Smti S Naseema Bibi** Pradhan GP Bambooflat-II



Participating students, Members of SPARSHA, the Chief Guest and Guest of Honor pose for a group photo at Rajiv Nagar Community Hall during National Science Day celebration



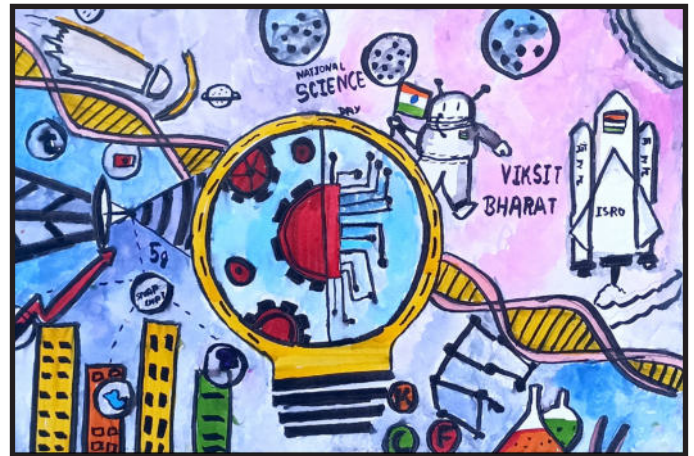
Smti S Naseema Bibi Pradhan GP Bambooflat-II being felicitated by **Shri P Venket Ravana**, a prominent citizen and volunteer of SPARSHA during the function



NSD Painting Competition Winning Entries



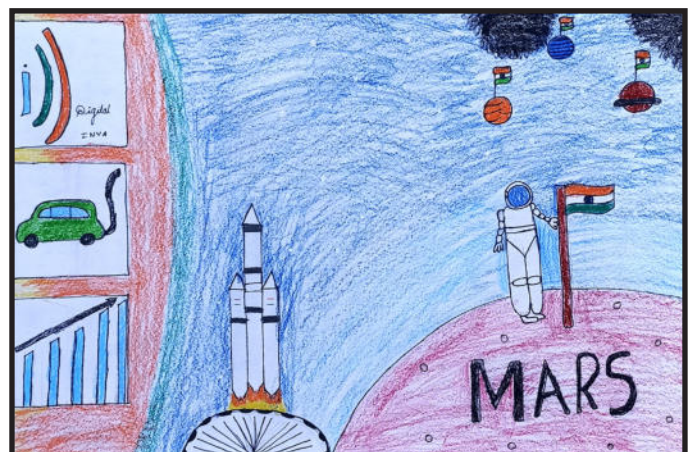
National Science Day campaign banner



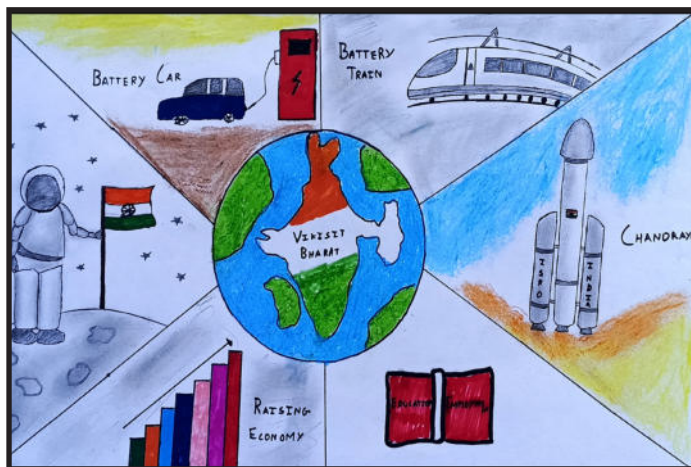
Art by : Kavuru Charvi Hasini - 3rd Prize



Art by : P Meghna - 1st Prize



Art by : M Pooja Sri - Special Mention



Art by : P Murali - 2nd Prize



Kavuru Charvi Hasini receiving III Prize from Shri Debkumar Bhadra, President SPARSHA

Consolation Prize Winners :
Aradhya Kumari, Vishal Kumar Ekka, P Likhita, P Lagnesh Rao, S Harish, V Roshini, Sahil, Preethi, Tanisha Bai, Varsha Minj, Muskan Kumari, Janki Bai, Saraj Yadav, Hemashree, Parwathi Kumari, Anushka Soreng and Aakansha Lakra



Give-it-Back Campaign

Cloth share initiative

Going beyond the mere provision of essential clothing items, SPARSHA's Give-it-Back initiative underscores its commitment to addressing the general needs of the less privileged. The cloth distribution program conducted at Shoal Bay on 18th February 2024 demonstrated the concerted efforts contributing to a positive change in the lives of the underprivileged.

Shri Suresh, Ward Member GP Shoal Bay graced the occasion as Chief Guest. He appreciated SPARSHA's efforts in reaching out to those living in rural areas. In his address, he urged SPARSHA to continue its service for the poor and needy.

President of SPARSHA Shri Debkumar Bhadra spoke on the importance of community service and underscored SPARSHA's social sector initiatives. He also expressed gratitude for the overwhelming support from the local community & urged the youths to devote some time towards helping fellow villagers.

The "Give it Back" campaign is aimed at giving it to the society through diverse community-driven programs. Distribution of clothing items is one such intervention. SPARSHA extends heartfelt appreciation to Shri Suresh, volunteers and supporters whose involvement contributed towards success of the event.



Team SPARSHA

MEMBERS WHO JOINED
DURING 2023-24

FOUNDING
MEMBERS



T Dhanaraju



Meena Mazumdar



Sampita Das



Sapna Sharma



Abhinaba Bhadra



K Kaliswaran



P Ajaya Kumar



Debkumar Bhadra



Somen Talukdar



K Ramulu



Ajay Singh



Deepankar Mondal



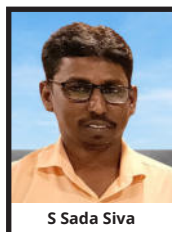
K Tulshi Babu



Bimal Das



G T S Rao



S Sada Siva



Vivekanand



P Ramana Murthy



A Palani



R Shanmuga Sundaram



Call for Membership

Hi there,

I believe you are doing well. I am writing this to introduce SPARSHA, which has recently been registered as a not-for-profit organization to provide support to those citizens who are in distress.

You would be glad to know SPARSHA (Society for Promotion of Serve Humanity Among Youths), operates and complies with all the statutory regulations and certifications mandated by the Government of India.

We at SPARSHA believe in the power of collective effort, hence reaching out to individuals like you who are passionate about social service, with the appeal to join us in this endeavour and help fellow citizens in distress.

I on my personal as well as on behalf of SPARSHA appeal one and all to unite and collaborate with us and forge a compassionate future for everyone around us. Membership application form can be found on Page 41.

Thank you in advance.
Sincerely yours,

Debkumar Bhadra
President SPARSHA

Why join SPARSHA?

1. Social Service :

By joining SPARSHA, you become part of a community which is committed to diverse Social Service activities including Science, Protection of Environment, Literary and Cultural pursuit.

2. Legal Compliance :

Rest assured SPARSHA operates within the legal framework, ensuring transparency and meets all regulatory norms mandated by Government of India including Annual Audit and IT Returns.

3. Tax Benefits :

All donations to SPARSHA are eligible for deduction under Sec 80G of IT Act, 1961 providing an additional incentive for your charity.

4. Financial Accountability :

SPARSHA maintains "Zero Cash Transaction" policy. All funds are therefore received through legitimate banking channels. Also the accounts are audited by certified Chartered Accountant ensuring complete transparency and accountability at all levels.



Field Office inaugurated

A new field office of SPARSHA was inaugurated by Shri Vishal Jolly, Patron of SPARSHA, on 22nd January 2024, at a simple function held near SBI Bambooflat. The event was also graced by Shri MK Sundaram, Ex ZPM, Shri E Someshwar Rao, Ex Pradhan Bambooflat, Shri Shiv Chander More, Pradhan Bambooflat, Shri Rambabu, Pradhan Wimberly Gunj, other PRI members from the region, President, Vice President and other office bearers of SPARSHA and a large gathering of local residents and well-wishers.

This newly established office is expected help SPARSHA expand its outreach initiatives, enabling the organization to better serve the underprivileged and address the needs of the community effectively. The field office will also help in bringing its services closer to the people, fostering stronger connections and support to those in need.



Field Office inaugurated by **Shri Vishal Jolly, Patron SPARSHA** (extreme right)



Fundraiser Campaign

APPEAL

SPARSHA relies on the kindness and support of individuals and philanthropists to carry out its welfare initiatives aimed at uplifting the underprivileged and addressing pressing community needs. Your contributions can make a significant difference in the lives of those who need it the most.

We call upon benevolent individuals, business establishments and organizations to join hands with us in this noble cause. Your generous donations will enable us to expand our outreach and bring hope and relief to countless lives.

Scan the QR Code given below to donate generously for the noble cause. Donations made to SPARSHA is eligible for deduction under Section 80G of IT Act, 1961.

Rest assured, all financial transaction with SPARSHA being through legitimate banking channels, one can be sure every penny they contribute will be properly accounted for, audited and reported as per laid down norms and procedures prescribed by Government of India.



Account # 81410100002291, IFSC : BARB0DBBAMB
Bank of Baroda, Branch : Bambooflat
UPI : socie70639@barodampay



Regn # 20221011RS00019 Societies Registration Act, 1860
NGO Darpan Unique ID: AN/2022/0306257
PAN: ABSAS3861P

FUNDRAISER CAMPAIGN

Scan the **QR Code** to donate and help fellow citizens in distress.

Donations made to SPARSHA is eligible for deduction under Sec 80G of Income Tax Act, 1961.

Connect with us :

SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)

Web: <https://ansparsha.com> | Email: info@ansparsha.com



How can one be part of the initiative?

1. Become a Member :

If you are a citizen of India and have a passion for social service, you qualify to be member of SPARSHA. Join today and be an integral part of the initiative that aims to uplift & support the lowest strata of society. Membership Application Form can be found on Page 39.

2. Donate :

You can also be part of the initiative by donating to our corpus. Your contribution will go into supporting our initiatives & make a difference in the lives of those facing adversity. As an additional incentive to your charity, donations are eligible for deduction under IT Act, 1961.

3. Spread the Word :

Be our Ambassador and help us amplify our reach and impact by spreading awareness about SPARSHA's mission and vision. If you are a blogger or a content creator, kindly get in touch with us and write about our campaigns and programs.

4. Be the catalyst for change :

Participate in our campaigns, programs and social media interactions. Take part in the deliberations and have your say. Be the beacon of hope in our shared journey towards a compassionate society, where everyone is taken care of.

5. Establish an Endowment Fund in memory of your beloved one :

There may be a welfare activity that you've always aspired to undertake but haven't been able to do so. Endowment Fund offers perfect avenue allowing you to turn those aspirations into reality.

Why establish an Endowment Fund?

i) Long-lasting Impact :

The endowment fund is securely held in bank fixed deposit. Only the interest part is spent on chosen activity. Thus the chosen activity becomes a self sustaining beacon of hope for the needy.

ii) Personalized Philanthropy :

You get to select a specific activity or service sector of your choice, on which the proceeds from the endowment fund will be spent.

This will ensure your contribution aligns with & honours the memory of your loved ones in whose name the fund is created. SPARSHA will undertake the selected activity directed at helping and upliftment of the needy.

iii) Nomination Privileges :

You get to nominate yourself or anyone of your choice, to join SPARSHA as donor member. Such member will have all rights & privileges of life member ensuring you have complete supervision on how the fund is spent.

iv) Financial Prudence :

The endowment fund is securely held in fixed deposit in the name of SPARSHA. Only the interest component would be utilised. Thus the funds are subjected to audit by Chartered Accountant ensuring financial integrity.

v) Priceless satisfaction :

You get to picture the joy of giving hope, in honour of your beloved family member, say your parent or grandparent, in whose memory the fund is established. As an additional incentive, the amount contributed gets you incentives under Section 80G of IT Act, 1961.



Audited Financial Statement for the AY 2024-25

SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)			
SHORE POINT VILLAGE, BAMBOOFLAT PO, SOUTH ANDAMAN- 744107.			
BALANCE SHEET AS ON 31.03.2024			
Liabilities	Amount	Assets	Amount
Corpus Fund		Investment	
Life Membership Fees	15,400	Fixed Deposit	25,000
General Fund		Current Assets	
Opening Balance	42,065	Cash Balance	-
Add : Excess of Income over Expenses	11,982	Bank of Baroda	32,941
Current Liabilities		State Bank of India	21,926
Audit Fee Payable	5,900		
Expense Payable	5,520		
Total	60,867	Total	60,867
FIRM REGISTRATION NO:- 041350N		SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)	
M/s. AGARWAL SHV AND COMPANY		Auth. Signatory	
CHARTERED ACCOUNTANTS		President SPARSHA	
(Prop)-SHV KUMAR AGARWAL			
M.NO. 098014			
DATE : 03.07.2024			
PLACE : Delhi			
UDIN:-24098014BKAMEL6955			

SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)			
SHORE POINT VILLAGE, BAMBOOFLAT PO, SOUTH ANDAMAN- 744107.			
INCOME & EXPENDITURE FOR THE PERIOD 01.04.2023 TO 31.03.2024			
Expenditure	Amount	Income	Amount
Seven Days Summer Camp Expenditure		By Voluntary Members contribution	30,400
To Banner Exp	5,250	By Donation	72,500
To Light & Sound, Decoration Exp	2,800	By Summer Camp Reg. Fees	13,350
To Summer Camp Kit Exp	27,955	By Bank Interest	954
To Trophy Expense	5,849	By FD Interest	1,386
To Refreshment Exp	23,245		
To Sankranti Competition Trophy Exp	1,300		
To National Science Day Exp	4,010		
To Office Exp	14,940		
To Bank Charge	2		
To Audit Fees	5,900		
To Printing & Stationary Exp	2,517		
To Misc Expense	6,370		
To Excess of Income over Expenditure.	11,982		
TOTAL	118,600	TOTAL	118,600
FIRM REGISTRATION NO:- 041350N		SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)	
M/s. AGARWAL SHV AND COMPANY		Auth. Signatory	
CHARTERED ACCOUNTANTS		President SPARSHA	
(Prop)-SHV KUMAR AGARWAL			
M.NO. 098014			
DATE : 03.07.2024			
PLACE : Delhi			
UDIN:-24098014BKAMEL6955			

SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)			
SHORE POINT VILLAGE, BAMBOOFLAT PO, SOUTH ANDAMAN- 744107.			
RECEIPTS & PAYMENTS ACCOUNT FOR THE PERIOD 01.04.2023 TO 31.03.2024			
Receipts	Amount	Payment	Amount
To Opening Balance		Investment	
To Cash Balance	-	Fixed Deposit	25,000
To Bank Balance	48,565	Expenditure	
		By Banner Exp	5,250
To Voluntary Members contribution	30,400	By Light & Sound, Decoration Exp	2,800
To Donation	72,500	By Summer Camp Kit Exp	27,955
To Summer Camp Reg. Fees	13,350	By Trophy Expense	5,849
To Bank Interest	954	By Refreshment Exp	23,245
To FD Interest	1,386	By National Science Day Exp	4,010
	118,600	By Office Exp	14,940
Corpus Fund		By Bank Charge	2
Life Membership Fees	15,400	By Printing & Stationary Exp	2,517
		By Audit Fees Payable(P.Y.)	5,900
		By Misc Expense	6,370
		Closing Balance	
		By Cash Balance	-
		By Bank of Baroda	32,941
		By State Bank of India	21,926
Total	182,565	Total	182,565
FIRM REGISTRATION NO:- 041350N		SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS (SPARSHA)	
M/s. AGARWAL SHV AND COMPANY		Auth. Signatory	
CHARTERED ACCOUNTANTS		President SPARSHA	
(Prop)-SHV KUMAR AGARWAL			
M.NO. 098014			
DATE : 03.07.2024			
PLACE : Delhi			
UDIN:-24098014BKAMEL6955			



ITR for the AY 2024-25

Acknowledgement Number:603521970141024

Date of filing : 14-Oct-2024

INDIAN INCOME TAX RETURN ACKNOWLEDGEMENT			Assessment Year
[Where the data of the Return of Income in Form ITR-1(SAHAJ), ITR-2, ITR-3, ITR-4(SUGAM), ITR-5, ITR-6, ITR-7 filed and verified] (Please see Rule 12 of the Income-tax Rules, 1962)			2024-25
PAN	ABSA53861P		
Name	SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS		
Address	Plot No-112 , Ward No - 7, Shore Point (RV) , SOUTH ANDAMAN , 01-Andaman and Nicobar islands , 744107		
Status	05-AOP/BOI	Form Number	ITR-7
Filed u/s	139(1)-On or before due date	e-Filing Acknowledgement Number	603521970141024
Taxable Income and Tax Details	Current Year business loss, if any	1	0
	Total Income	2	0
	Book Profit under MAT, where applicable	3	0
	Adjusted Total Income under AMT, where applicable	4	0
	Net tax payable	5	0
	Interest and Fee Payable	6	0
	Total tax, interest and Fee payable	7	0
	Taxes Paid	8	0
	(+) Tax Payable /(-) Refundable (7-8)	9	0
Accreted Income and Tax Detail	Accreted Income as per section 115TD	10	0
	Additional Tax payable u/s 115TD	11	0
	Interest payable u/s 115TE	12	0
	Additional Tax and interest payable	13	0
	Tax and interest paid	14	0
	(+) Tax Payable /(-) Refundable (13-14)	15	0
Income Tax Return electronically transmitted on 14-Oct-2024 15:59:24 from IP address 122.162.149.166 and verified by DEBKUMAR BHADRA having PAN AFUPB7492J on 14-Oct-2024 using paper ITR-Verification Form/Electronic Verification Code TNRKVNRYCI generated through Aadhaar OTP mode			
System Generated Barcode/QR Code	 ABSA53861P07603521970141024826b6b74be79fb10feda8b1e2ab69ffd9ec5ca3a		
DO NOT SEND THIS ACKNOWLEDGEMENT TO CPC, BENGALURU			



MEMBERSHIP APPLICATION FORM



Registration # 20221011RS00019
NGO Darpan Unique ID : AN/2022/0306257 / PAN : ABSAS3861P

SOCIETY FOR PROMOTION OF SERVE HUMANITY AMONG YOUTHS

(SPARSHA is a not-for-profit NGO, registered under Societies Registration Act, 1860)

Regd Office: Shore Point Village, Bambooflat PO, South Andaman-744107

Website: <https://ansparsha.com>, Email: info@ansparsha.com

	Select Category (Put ✓ mark)				Total Amt Paid
Admission Fee	Annual Member	Life Member	Donor Member	Participant	(in Rupees)
Rs.200/-	Rs.200/-	Rs.2000/-	*	---	
✓					

Note : All fees are Non-Refundable | * Refer Clause 7.2(a) (ii) read with 12.2 of Bye Laws

Donations made to SPARSHA is eligible for exemption under Section 80G of Income Tax Act, 1961

Name:

Date of Birth:/...../..... Age Gender : Male / Female

Highest Qualification

Full Address:

Paste
(do not staple)
your recent colour
photograph
in this space

.....PIN Code

Phone No Alternate Phone No Aadhaar No

WhatsApp Email ID :

Why do you want to join SPARSHA?

Declaration :

By signing this application form, I am consenting to join SPARSHA and declare that :

- 1) I am a citizen of India and that there is neither any criminal case pending against my name nor have I ever been convicted for an offence involving moral turpitude involving imprisonment of one year or more.
- 2) I have made myself aware of the aims and objects of the society and wholly subscribe to them and promise to work in the interest of the society.
- 3) I shall abide by the rules & regulations set out in the Memorandum of Association & Bye Laws and shall be polite and courteous in my dealings.
- 4) I shall not use my membership for personal gain nor pursue any agenda outside the scope of society.
- 5) I am willingly sharing my Phone/WhatsApp number(s), other personal details through this application form and consent for use of the same in any manner for furtherance of the aims and objects of the society.
- 6) The information furnished above are complete as well as true to the best of my knowledge and belief.

Date:/...../.....

.....
(Name and Signature of Introducer)

.....
(Signature of applicant)

FOR OFFICE USE ONLY

Application received on/...../..... along with an amount of Rs

by CASH/CHEQUE/DD No Dated/...../.....

Decision of Governing Body : Admitted / Rejected (Tick any one)

.....
Decision of GB communicated
(Signature of General Secretary)

.....
Amount Received
(Signature of Treasurer)

.....
(Signature of President)



Scan QR Code for further information
Website : <https://ansparsha.com>
Email : info@ansparsha.com



Scan QR Code
For Membership



Scan QR Code
to Donate

Acknowledgement

SPARSHA extend gratitude to the following personalities who supported our campaigns and programs :

- 1) Shri Vishal Jolly, Patron SPARSHA
- 2) Shri Boomi Nathan, Up-Adyaksh, ZPSA
- 3) Smti Dhana Rekha, ZPM Shore Point
- 4) Shri M K Sundaram, Ex ZPM Shore Point
- 5) Shri K Balakrishna, Pradhan, GP Shore Point
- 6) Chief Medical Officer, CHC, Bambooflat
- 7) Smti S Naseema Bibi, Pradhan, Bambooflat-II
- 8) Smti B Kamalawati, Ward Member, Bambooflat-II
- 9) Shri Suresh, Ward Member, GP Shoal Bay
- 10) Secretary Vivekananda Kendra Port Blair
- 11) Smti Sita Das, HM VKV-ZP Vidyalaya Shore Point
- 12) Shri/s Kalaighnam, Benny Mathew & Bhaskar Rao, Patanjali Yoga Ferrar Gunj
- 13) Shri J Tirupathi Rao, Artist
- 14) Mrs Maria Sheela, Counsellor
- 15) Shri Abhijit Agrawal, Quiz Master
- 16) Shri Arun Singh, President AAC
- 17) Miss E Usha Rani, Andaman Pyramid Spiritual Society
- 18) Dr Abhishek Kumar, Medical Officer and Mrs Saida Bibi, Health Educator, CHC Bambooflat
- 19) Insp Abdul Nasir SHO and SI Calvin, PS Bambooflat
- 20) Shri A Gopal, Project Officer, CPREEC, Port Blair
- 21) Shri Sunil Kumar, Black Belt II Dan (Japan)
- 22) Shri P Senthil Kumar, Artist, DST Port Blair
- 23) New Goodluck Sweets & Bakery, Bambooflat
- 24) Volunteers Miss Priya, Sneha, Samyukta, Niraja, Sumedha, Anindita, Lavanya & Dishita
- 25) Shri P Venket Ravana, Volunteer
- 26) Shri Rajkumar Baroi, Volunteer
- 27) Shri Sandeep Das, Volunteer
- 28) Shri Someshwar Rao, VKV-ZP Vidyalaya, Shore Point

Individual donors and sponsors:

We are deeply thankful to the following individual donors, whose generosity has been instrumental in driving our mission forward :

- 1) R Shanmuga Sundaram, Member, SPARSHA
- 2) Ajay Singh, General Secretary, SPARSHA
- 3) S Sadasiva, Treasurer, SPARSHA
- 4) Vivekanand, Vice President, SPARSHA
- 5) P Ramana Murthy, Founder Member, SPARSHA
- 6) Bimal Das, Founder Member, SPARSHA
- 7) Somen Krishna Talukdar, Gen Secy, SPARSHA
- 8) K Ramulu, Founder Member/Jt Secy, SPARSHA
- 9) Debkumar Bhadra, President, SPARSHA
- 10) Dr Laxmikant Tiwari, Forest Officer, ANF
- 11) P Abdul Nasir, PAS Construction, Stewart Gunj
- 12) K T Manoj, Govt Contractor, Wrightmyo
- 13) Mohammed Rafique, Island Gateway, Realtor
- 14) Abdul Gafoor, Govt Contractor
- 15) T Ramesh, Govt Contractor, Bambooflat
- 16) M K Sundaram, Ex ZP Member Shore Point
- 17) Meena Mazumdar, Member SPARSHA
- 18) Sampita Talukdar, Member SPARSHA
- 19) Sapna Sharma, Member SPARSHA
- 20) K Shankar Rao, Prop SVT Hardwares, B/Flat
- 21) Tripti Mazumdar, Member SPARSHA

A word for Team SPARSHA

As we reflect on the past year's achievements, we are filled with gratitude for our passionate team. Your unwavering commitment and tireless efforts embody the true essence of SPARSHA, for which we are eternally grateful and profoundly thankful.

Every milestone we achieved was made possible by the collective efforts of each one of us, along with the invaluable contributions of philanthropic individuals, partner agencies, volunteers and donors. SPARSHA remains deeply indebted to each one of you for your integral role in our journey. Together, we will continue to make a lasting impression.



Society for Promotion of Serve Humanity Among Youths (SPARSHA)

Shore Point Bambooflat, South Andaman - 744107

Website: <https://ansparsha.com>

Email: info@ansparsha.com



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